



European Board of Anaesthesiology

World Anesthesia Day

Today, October 16th, 2020, **World Anaesthesia Day**, **The European Board of Anaesthesiology (EBA)** wishes to acknowledge and thank all anaesthesiologists (staff, residents nurses and all other members of the team) who during these hard days of SARS-CoV-2 pandemic, have worked together above and beyond the call of duty to care, showing often heroic behaviours, for an unprecedentedly large number of very sick patients in hospitals and ICUs throughout Europe. This SARS-CoV-2 pandemic has again highlighted the anaesthesiologists' **central role** as leader in the hospital's organization and decision-making and our responsibility in the care of the critically ill patient.

Throughout this period of pandemic, anaesthesiologists have been living a very stressful time, and resilience has been the massive response of Anaesthesia Departments. Today, October 16th, World Anaesthesia day, the EBA endorses the WFSA campaign focused on anaesthesiologist's wellbeing.

Anaesthesiologists experience high levels of occupational fatigue, burnout syndrome, chemical dependency, mental depression, suicidal ideation and more.

There is a link between occupational health and patient safety, with occupational fatigue being one of the main factors in a high prevalence of crises.

All anaesthesiologists in Europe should be proud of our **clinical commitment and achievement** and also take care of ourselves to be able to care better of others. Our wellbeing is also patient's wellbeing.

In proud recognition of this magnificent response the EBA wishes to show its respect and gratitude to all our fellow anaesthesiologists. Thank you and very well done.

Happy World Anesthesia Day and take care of yourselves!!!

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