



Dora Oliveira, MD

CONSULTANT PEADIATRIC ANESTHESIOLOGIST



dora.anestesia@gmail.com | +351910989938 | @DoraOli70125321

Coimbra Hospital and University Center, Paediatric Department, Pra. Prof. Mota Pinto, 3000-075 Coimbra, Portugal

EMPLOYMENT

Consultant Paediatric Anaesthesiologist • Coimbra Hospital and University Center (CHUC) • 2008 to present. Works as an anaesthesiologist in several paediatric surgical specialties in a university/tertiary hospital. Since 2022 coordinator of the Paediatric Chronic Pain Clinic (one of the 4 currently existing in Portugal, composed by 2 doctors and 2 nurses, runs twice per month). Integrates the anaesthesiology accreditation team for the General Direction of Health accreditation in 2022/23(DGS). Since 2021, organizes the weekly service meetings and integrates the trauma team board of coordinators. Since 2010, one of the 3 paediatric anaesthesiologists integrating the National Paediatric Liver Transplant Team.

Regional Emergency Ambulance Service Coordinator • National Institute of Medical Emergency (INEM) • 09/2007 to 09/2008. Regional Emergency Coordinator of Ambulance Service - Immediate Life Support (ILS) and Basic Life Support (BLS), at the regional centre of the Portuguese National Institute of Medical Emergency (INEM).

Physician in Prehospital Medical Emergency Team • CHUC • 2004 to 2020. Physician in Prehospital Medical Emergency Team of CHUC. Organized and participated in different Mass Gathering situations, simulacra and VIP medical support.

Physician in the Air Ambulance • INEM • 2007 to 2013. Physician in the Air (helicopter) Ambulance of INEM. High-level medical support to ground-based Emergency Medical Services, in response to high-acuity emergency events, and interhospital evacuation of critical patients.

ACADEMIC TRAINING

Medical degree • 2000/2002/2007 • Faculty of Medicine of the University of Coimbra (FMUC). Medical degree from FMUC (2000), general internship (2001-2002) and residency in anaesthesiology (2003-2007), in CHUC.

Postgraduated in Pain Medicine • 2016/2017 • FMUC. Undertook a one-month fellowship in Paediatric Pain Medicine in Leeds Children's Hospital and Sheffield Children's Hospital Pain Units in 2017. Is trained in paediatric clinical hypnosis and snoezelen.

Competence in Emergency Medicine • 2008 • Portuguese Medical Order (OM). Competence in Emergency Medicine, recognized by OM (Portuguese Medical Order).

VOLUNTEER EXPERIENCE

Humanitarian Mission • 2000 • Dili, East Timor. Participated in a humanitarian mission in Dili, East Timor. Voluntary of AMI (Portuguese non-governmental organization), delivering primary health care to the population and local health care professionals training.

INEM member • 2007 • Dili, East Timor. Member of the INEM displaced team, coordinating the local medical team, and delivering primary medical care.

TEACHING EXPERIENCE

Lecturer • since 2021 • Coimbra Medical School. Pain Medicine Post graduation of Coimbra Medical School lecturer about paediatric pain (6 hours).

Tutor in Anaesthesiology Internship • since 2016 • CHUC. Tutoring trainees during their internship in anaesthesiology.

Tutor in Paediatric Anaesthesiology Internship • since 2010 • CHUC. Tutoring trainees during their fellowship in paediatric anaesthesiology. Part of the team responsible for the paediatric anaesthesiology internship since 2019.

Instructor in Advanced Life Support • 2010 • Centro de Formação CHMT/Portuguese Resuscitation Council. Senior instructor in Advanced Life Support (ALS) in a Portuguese resuscitation school, member of the European Resuscitation Council. Participation in several courses in ALS, ILS, emergency and trauma, in Portugal and Angola.

Instructor in the course “inAnaesthesia” • since 2019 • Minho University Medical School.

Instructor in the course “Trauma Teams - Non-technical Skills” • since 2021 • CHUC.

COURSES/CONFERENCES

Attended (face-to-face and virtual) various **courses** about pain: “EFIC Cancer Pain and Palliative Care School 2021”, “12th Paediatric Pain Masterclass”, “Explain Pain Online”, “BC ECHO for Chronic Pain” cycles 1, 2 and 3, “Kids In Pain ECHO”, “EFIC Neuropathic Pain School 2018”, “Intervention in Snoezelen”, “Pediatric Hypnosis Workshop level I” and “level II”, “Pediatric loco-regional anesthesia”, “ESRA cadaver workshop”; and various **conferences**: “International Symposium on Pediatric Pain 2019” and “2022”; “EFIC Virtual Pain Summit”, and the “17th”, “16th” and “15th Paediatric Pain Symposium”.

EFIC Academy member, since 2021.

PRESENTATIONS, RESEARCH AND PUBLICATIONS

Published “Chronic non-cancer pain in adolescents - a narrative review” (doi: 10.1016/j.bjane.2021.04.033).

Director of “Workshop in Paediatric Musculoskeletal Pain” (2019). Participated as a speaker about paediatric pain, in various national conferences (“Adolescents chronic pain - what challenges?”, 2020; “Pain in the newborn - what consequences?”, 2020; “Anesthesia in adolescents with chronic pain”, 2019; “Coimbra Pediatric Chronic Pain Clinic Experience - National Pain Units Meeting”, 2019) and regional meetings (“A Pediatric Chronic Pain Clinic”, 2021, “Analgesia for procedural pain”, 2021, “Adolescents non-oncological chronic pain”, 2018).

Since 2019, reviewer of the periodic publication of the Portuguese Society of Anesthesiology (Revista da Sociedade Portuguesa de Anestesiologia).

PERSONAL INTERESTS

Enjoys family time with her husband, 11-year-old daughter and 9-year-old son, 2 cats, sports (running and functional training), reading and cooking. Love the seaside, travel and experience different cultures.

